

5th SWISS ALUMNI MEETING (SAM)

November 6 - 8, 2020

including the 31st General Assembly of the
Up With People Swiss Alumni Association



Regular participants as well as long-lost club members and SAM first-timers (no matter when you travelled) are warmly welcome! Bring along your cast mates, family and „the other people“.

WEEKEND PROGRAM

Friday, November 6

from 15:00 Individual arrival, registration, check-in and strolling through Delémont

19:00 **Dinner** (incl. in the room rate)

20:30 **Bowling** at your own expense (enjoy a 25 min walk or drive your car to www.lacroisee-sport.ch), no registration needed

or spend a relaxing evening at the Centre Saint-François



Saturday, November 7

8:00 - 9:30 Breakfast

12:00 - 13:30

Jumping Jack (Trampoline Park Jura, Rue de la Croix 27, 2822 Courroux) Bring your non-slip socks (do not wear jeans!) and shake your bootie (great fun not only for kids!) (www.jumpingjack.ch)

Saturday (continued)

Lunch (during or after the workout):

The small restaurant at the Jumping Jack serves pizza, Flammkuchen or Crêpes (at your own expense). You can also have lunch without paying the entrance fee.

Other lunch options can be found in Delémont (but not at the Centre Saint-François).

15:00 **General Assembly (GA)** at the Centre
All active members of the UWPSAA receive a separate invitation by mail

16:00 Zvieri break

17:00 Free time

18:30 **Dinner**



20:00
The one and only **UWPSAA game tournament** and plenty of time in the circle of friends!

Sunday, November 8

8:00 - 9:00 **Yoga** with Sharon

8:00 - 9:30 Breakfast

11:00 Check-out



11:00 - 13:00

Foto-Challenge through Delémont
Lunch (at your own expense) with award ceremony (registration needed)

13:30

Say goodbye to your friends or spend a few more hours in the charming Delémont area!

FAMILY / TOP

Bring your whole family and „the other people“ as well!
There will be many spouse and children around.

HOW TO BE PART

Anyone can join the event and guests are very welcome. Please fill out the registration form on our website www.uwpsaa.ch before October 15, or even better catch the early-bird before September 15!

For questions regarding registration, rates and discounts please contact Matthias: matthias.meier@uwpsaa.ch, 076 306 33 68.

ACCOMMODATION

Centre Saint-François
Route du Vorbourg 4
2800 Delémont
Tel. 032 421 48 60
www.centresaintfrancois.ch



HOW TO GET THERE

By Public Transportation:

From the train station in Delémont:

- To «Jumping Jack» take bus #17 to Courroux, La Forge and then take a 10 min walk
- To the Centre Saint-François take a 15 min walk (or take a bus)

By Car:

Follow your navigation device. Enough parking lots are available.

We are very much looking forward to seeing you again in person after such a long time...